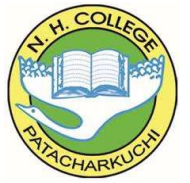




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Report on 8th North East Youth Festival 2025

Date: 17th March - 20th March 2025

Venue: Gangtok, Sikkim

Organized by: Sports and Youth Affairs Department, Government of Sikkim
In collaboration with: Ministry of Youth Affairs and Sports, Government of India

Report Prepared By: Priyanka Das, NSS Programme Officer

Representing: Team Assam, Gauhati University NSS Cell, Contingent Leader

The 8th North East Youth Festival 2025 was successfully organized from 17th March to 20th March 2025 in the scenic city of Gangtok, Sikkim. The event brought together vibrant youth from the North Eastern states to celebrate cultural diversity, engage in knowledge-sharing sessions, and promote unity among the youth of the region. As the contingent leader representing Assam, I had privilege of leading a team of enthusiastic participants to this significant event.

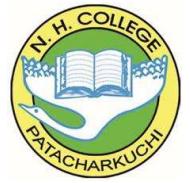


Day 1: 17th March 2025

The festival commenced with a series of engaging activities aimed at ensuring a smooth start to the four-day event.

- **Registration:**

- 1) The day began with the registration of participants.
- 2) A seamless registration process was conducted, with volunteers assisting delegates from various states.
- 3) Participant kits, ID cards, and schedules were distributed at the counters.



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- **Yoga Session:**

- 1) A rejuvenating morning yoga session was held under the guidance of certified instructors.
- 2) The session emphasized physical well-being, mindfulness, and holistic health.



- **Meeting with Regional Director (RD):**

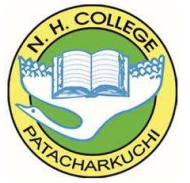
- 1) A formal interaction session was held with the Regional Director of the NSS ,Guwahati , Assam.
- 2) The RD welcomed all state contingents and encouraged youth to actively engage in the festival.

- **Inauguration Ceremony:**

The festival was inaugurated by the Governor, Sikkim, who graced the occasion with his esteemed presence, emphasizing the significance of youth engagement to foster cultural exchange and national development.

- **Traditional Marchpast:** A grand marchpast was conducted in front of the Chief Minister, symbolizing the cultural diversity of the region.





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- **Cultural Programme:**

- 1) The evening concluded with a vibrant cultural programme showcasing the rich diversity of the Northeast.
- 2) Folk dances, traditional music, and performances from all states highlighted unity in diversity.
- 3) The event was well-received by participants and dignitaries, creating a festive and inclusive atmosphere.

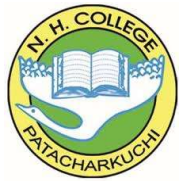




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Day 2: 18th March 2025

The second day of the festival focused on health and intellectual growth.

1. **Morning Zumba Session:** Participants engaged in an energetic Zumba session to promote fitness and enthusiasm.



2. **Technical Session on Youth Convention/Suvichar:**The Life Skill Program (Seminars convention, Suvichar)was held at Chintan Bhavan, Gangtok for NSS volunteers where distinguished personalities from Sikkim shared their insights on youth empowerment, leadership, and development.





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Day 3: 19th March 2025

The third day of the festival was a blend of fitness, intellectual stimulation, and cultural representation.

1. **Morning Yoga Session:** A refreshing yoga session set the tone for the day's activities.
2. **Technical Session on Youth Convention/Suvichar:** The session featured esteemed speakers, including the Director General of Police (DGP) of Sikkim and Dronacharya awardee Sandhya Gurung, who inspired the youth with their words of wisdom. Deewaker Basnet ignites with an electrifying skill Development session at Chintan Bhawan.
3. **Quiz Competition:** An engaging quiz competition tested the knowledge of participants on various topics, encouraging healthy competition.
4. **Cultural Representation of Assam:** Assam's vibrant culture was showcased through a traditional **Bihu** performance at MG Market, one of Gangtok's busiest locations, attracting a large audience.





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Day 4: 20th March 2025

The final day of the festival was dedicated to adventure and exploration, allowing participants to experience the natural beauty of Sikkim.

- 1. Morning Zumba Session:** Another invigorating Zumba session was conducted to start the day on an energetic note.
- 2. Visit to Baba Harbajan Singh Temple:** Participants paid homage at the sacred Baba Harbajan Singh Temple, known for its spiritual significance.
- 3. Visit to Nathula Pass:** A trip to the Indo-China border at Nathula Pass offered participants an opportunity to witness the strategic and historical importance of the location.
- 4. Visit to Tsomgo Lake:** The mesmerizing Tsomgo Lake, with its breathtaking views, was a major highlight of the tour.
- 5. Visit to Kanchenjunga Viewpoint:** The participants admired the stunning view of Mt. Kanchenjunga, the third-highest mountain in the world, concluding the festival on a memorable note.

Conclusion :

The 8th North East Youth Festival 2025 in Gangtok, Sikkim, was a grand success, fostering cultural exchange, youth empowerment, and regional unity. The diverse activities, ranging from intellectual discussions to cultural performances and sightseeing, created a well-rounded experience for all participants. The festival strengthened the bonds among the youth of the North East and left a lasting impression of unity, knowledge, and celebration of heritage.

Submitted By:

Priyanka .

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